

List of micronutrients

The following is a **list of micronutrients**.
Micronutrients are nutrients for humans required in small quantities throughout life.

- List of phytochemicals in food
- Nutrient
- Underweight

1 Trace minerals

- Boron
- Calcium
- Cobalt
- Chloride
- Chromium
- Copper
- Fluoride
- Iodine
- Iron
- Lithium
- Magnesium
- Manganese
- Molybdenum
- Phosphorus
- Potassium
- Selenium
- Sodium
- Sulfur
- Zinc

2 Vitamins

3 See also

- Essential nutrient
- Fatty acids
- List of macronutrients

4 References

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5.1 Text

- **List of micronutrients** *Source:* https://en.wikipedia.org/wiki/List_of_micronutrients?oldid=779930322 *Contributors:* Topbanana, Asparagus, Beland, Keenan Pepper, Vegaswikian, Bgwhite, Epolk, Gaius Cornelius, Dtrebbien, Allens, Gobonobo, Slakr, AlaiBOT, Mervin Chung, Transhumanist, Arch dude, Wiae, Cameron630, MaynardClark, EmanWilm, ClueBot, Rb1248, Roxy the dog, DOI bot, Fraggie81, AnomieBOT, Haleyga, Citation bot 1, Hamtechperson, Bgpaulus, Clarkej12, Suffusion of Yellow, EmausBot, Enviromet, Hazard-SJ, ClueBot NG, Widr, Electriccatfish2, BG19bot, EvergreenFir, Stomperinky, Austin11025, JaconaFrere, Csvoss, TranquilHope, 215XBus and Anonymous: 50

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